

**WEEKLY ANNOUNCEMENTS FOR THE WEEKEND OF
9 & 10 MARCH 2019**

- 1. Lenten Dietary Regulations are as follows: Abstinence from meat & meat products is observed on all Fridays of Great Lent. Abstinence is binding on everyone over the age of 14 years. Fasting from food and drink (except water and medicine) is to be observed from Midnight until Noon on Good Friday. Fasting is binding on everyone between the ages of 18 and 60 years. Those unable to fast due to ill health must perform other penances & works of charity; like attending daily Mass, Stations of the Cross, etc.**
- 2. On the Fridays of Great Lent, the daily Mass will be celebrated at 6:30 PM, followed by the Stations/Benediction of the Cross.**
- 3. The Annual Bishop's Appeal is taking place during Great Lent. The Appeal letters have been mailed out. Please make your returns by Easter.**
- 4. A joint meeting of members of the Sodality and Holy Name Society will be held this weekend on Sunday, March 10th, at the Coffee Hour after the 11:00 AM Mass to hear opinions on the proposed merger of both groups into a single parish service organization.**
- 5. Saint Joseph Melkite Catholic Church is having its Annual Saint Joseph's Day Breakfast next Sunday, March 17, 2019 in the church hall. Adults are \$9.00, \$4.50 children 6-10 and free 5 & under. Saint Joseph bread will be available in two-loaf packages. Breakfast menu is: eggs (many styles), honey-baked ham, olives, hash browns, scratch pancakes, bread, juice and hot beverages will be served from 8:00 AM to 1:00 PM and take-outs will be available. Tickets will be sold at the door. For more information contact melkite.scranton@gmail.com, melkitescranton.org or facebook.**